

ESSENTIAL Course List

In-Person

Virtual Classroom



Unleash your team's potential to achieve **excellent results**.

Our essential courses are crafted to provide your team with best practice skills, comprehensive knowledge, and a new practical **tool-kit** to elevate performance levels.

Quick Overview

- ✓ Ignite your team's **motivation**.
- ✓ Select courses tailored to bridge your **skill gaps**.
- ✓ **Delivered** at your workplace, our place or virtually.
- ✓ Customise training to fit your **industry's** unique needs.
- ✓ Enhance your team's **mindset** & elevate performance levels.



Popular **Essential Courses**



Management

- ✓ Management Skills
- ✓ Leadership Skills Training
- ✓ Delegation Training
- ✓ Change Management
- ✓ Building High Performing Teams

Email Me Details



View All Courses



Human Resources

- ✓ HR Skills for Managers
- ✓ Appraisal Skills Training
- ✓ Discipline and Grievance
- ✓ Interview Skills
- ✓ Recruitment & Selection

Email Me Details



View All Courses



Customer Service

- ✓ Customer Service Training
- ✓ Telephone Skills
- ✓ Handling Customer Complaints
- ✓ Reception Skills

Email Me Details



View All Courses





Communication

- ✓ Advanced Communication
- ✓ Communication Skills
- ✓ Conflict Resolution
- ✓ Dealing with Difficult People
- ✓ Presentation Skills

Email Me Details



View All Courses



Sales

- ✓ Face to Face Sales Skills
- ✓ Telephone Sales Training
- ✓ Negotiation Skills
- ✓ Advanced Comms for Sales

Email Me Details



View All Courses



Wellbeing

- ✓ Stress Management
- ✓ Time Management Skills
- ✓ Confidence Building for Staff
- ✓ Emotional Intelligence
- ✓ Resilience Training

Email Me Details



View All Courses



In-House Option

Interested in training your team? Our in-house option is perfect, offering the most cost-effective solution. Talk to us about your needs today.

1 Day *Course*

- ✓ Key course notes
- ✓ Training materials
- ✓ Interactive & fun training
- ✓ Certificate of achievement
- ✓ Post training support.

Group Price on Request

Email Me Quote



Location

- Option 1 - **Workplace** - In-person at your workplace.
- Option 2 - **Sheffield** - Train at our purpose built training room.
- Option 3 - **Virtually** - Live Virtual Session via Microsoft Teams.



Design

- Option 1 - **Off-the-Shelf** - Best practice design.
- Option 2 - **Tailored** - Objectives tweaked to your needs.
- Option 3 - **Bespoke** - Fully designed around your exact needs.



When

Course dates are **highly flexible**. Pick any date that best suits your teams' availability.



Delegates

We simply charge a **fixed day rate**. This means, you can add between (1) and (15) delegates per session for the '**same cost**.'

Open Option

Want to join a public course? Delivered at our Sheffield training room, you will 'join people from other companies.'
Includes free parking, food & refreshments.

1 Day Course

- ✓ Key course notes
- ✓ Training materials
- ✓ Expert trainer
- ✓ Certificate of achievement

Price	£495
Early Bird - First 6 Places	£395

Email Me Dates



Your Training Experience...



Breakfast



Lunch



Free Parking



Refreshments



Interactive



Toilets



Wheelchair Access



Afternoon Snack



Wi-Fi

Frequently Asked Questions



In-House vs Open Courses

Which option is best for cost effectiveness?

In-House is best when you want to train x4 or more people.

Open Courses are best you want to train x3 or less people.



Cancellations

Once your event is booked, you can cancel up to **14 days** prior to your training date. Please note, training dates can be re-arranged at a time and date that suits you best.



Training Consultation

Pre training, companies often **invite us** to their offices to discuss their challenges. We will provide highly relevant solutions.

Request a consultation - Info@LiveAndLearnConsultancy.co.uk



Coaching

Coaching can boost your '**recall of knowledge**' by up-to 80%. Interested? Simply email us today for a quick chat.



Why Choose Us

- ✓ Rated excellent on Trustpilot.
- ✓ 75% of client's re-book training.
- ✓ Expert trainers who are highly engaging.
- ✓ Choose from over 70+ Courses.
- ✓ Face to face or live virtual classroom training.

How Our Training Works

5 simple steps to grow your skills

1

Fast Booking

Choose dates that **best fit** your availability.
If you choose multiple dates, please note,
course dates **do not** need to be back to back.

3

Location

Can be delivered **face to face**
or as a **live virtual classroom**.

5

We Listen

- We listen to your **challenges**.
- Provide relevant **solutions**.

2

Design

Choose a program that is;

- Off-the-shelf
- Tailored
- Fully bespoke

4

After-care

Following your training, we will call
you to provide key **feedback** and
support regarding your next steps.

We Can **Also** Deliver

Speed



Power Sessions

Bite-Sized

Quick 2-hour sessions designed to provide short bursts of knowledge.

[Request Details](#)



360



Programs

Deeper Learning

Powerful 5 day Programs that provide you with a deeper learning experience.

[Request Details](#)



Unlock



Coaching

Unlock Potential

60 minute 1-2-1 coaching sessions to help you achieve your desired goals.

[Request Details](#)



Reveal



Psychometrics

Self-Awareness

8 minute online assessments to help you better understand yourself & others.

[Request Details](#)





We love developing clients of all sizes



Excellent trainer

Donna was a very professional but friendly trainer with excellent interpersonal skills.

The delegates were really inspired by her training and have already put some of the skills into practice. We are delighted with the outcomes of the training and hope to work with Donna again in the future.

CE

Carolyn Eder

BRITISH AIRWAYS

Ministry of
JUSTICE

NHS

Southport & Ormskirk



KINGS
LONDON

UNIVERSITY OF LEEDS

Booking.com

The
Sheffield
College

THURROCK COUNCIL

YORKSHIRE
BUILDING SOCIETY

Sheffield
Students'
Union

StanleyBlack&Decker

ROYAL
AIR FORCE

LACOSTE

CareCo

HYDE PARK
RESIDENCE

BENIHANA

Humberside
airport

Want to train your team? Let's get started

Simply email or call our friendly team now to request full course details or book your training dates.

☎ 0114 357 0350

✉ info@LiveAndLearnConsultancy.co.uk

📶 [LiveAndLearnConsultancy.co.uk](https://www.LiveAndLearnConsultancy.co.uk)

Ask Questions ▶

Book Training ▶

