



1 Day Course



Presentation Skills Training

Transform your skills to become a **dynamic presenter**

- ✓ Prepare, **open & close** your presentations.
- ✓ Manage your voice & use **body language** correctly.
- ✓ **Control your nerves** & boost your confidence levels.
- ✓ Improve **audience interaction** for better engagement.
- ✓ Communicate your message with clarity & **impact**.
- ✓ How to **influence**, capture & engage your target audience.

Quick Overview

Perfect for all your presenting needs, this powerful 1-day course is designed to equip you with best practice techniques to effectively plan, structure & deliver with real confidence & impact.

Are you new to presenting? Perhaps your seeking a fresh approach. This course can be tailored to your exact needs to help you achieve your goals.



1 Day Objectives

Can be tailored to your industry needs

Introduction to Great Presentations

- What makes a great presentation?
- How presentations can be influential, captivating & engaging.
- How to prepare - Setting clear goals & objectives.
- Understanding your audience.
- Presenting you - How to build a strong first impression.

Communication Skills for Presenting

- Develop key body language skills.
- The importance of eye contact & how to apply it.
- Identify & apply the correct tone, pitch & pace.
- How to involve your audience to ensure you meet their needs.

Achieve Presentation Success

- Discover your three tells.
- How to use your presentation tool-kit effectively.
- How to deliver your message with clarity.
- Empowering you to remove your anxiety, nerves & fears.
- How to close your presentation to ensure your audience remember.



Course Overview



1 Day Course



9:30am to 4:30pm



In Person or Live Virtual delivery



Add up to 8 people

Perfect for anyone seeking to deliver presentations to confidence, clarity & real impact.



2 Day **Upgrade** Option

5 reasons why people love Masterclass.

- ✓ Day 2 is all about action!
- ✓ Go beyond the theory.
- ✓ Practice using your new presenting skills.
- ✓ Receive expert tips and advice in real-time.
- ✓ Take your presenting skills to a new level.

Get Quote Now



Why Choose 2-Day Masterclass

1 Day

Gain **innovative** skills

Day 1 Presentation Skills - (Theory)



Key course notes



Certificate of achievement

Option 1

2 Day

Optimise your learning

Day 1 Presentation Skills - (Theory)

Day 2 Practice Your Presenting



Key course notes



Certificate of achievement



Theory and practice



Expert tips from your trainer



Program discount **Save £100**

Option 2

Day 1

Gain Innovative Skills

Gain new and innovative skills to **sharpen** your knowledge & presentation techniques.

Learning Outcomes

- ✓ Recognise your purpose & role within presentations.
- ✓ How to prepare & time your presentation.
- ✓ How to open & close your presentations.
- ✓ Manage your voice & use body language correctly.
- ✓ Control your nerves & improve your confidence levels.
- ✓ Interact with your audience for better engagement.

Masterclass

Day 1 of 2

Raise Your Knowledge

Day 1 Presentation Skills

Day 2 Practice Your Presenting

Day 2

Practice, Practice, Practice

Go beyond the theory by practising your presentation & gaining **expert feedback**.

Learning Outcomes

- ✓ Practice your body language techniques.
- ✓ How to adjust when things go wrong.
- ✓ Practice speaking with confidence & clarity.
- ✓ Keep your audience engaged.
- ✓ Close your presentation to make it memorable.
- ✓ Receive real-time feedback & support from your trainer.



Masterclass

Day 2 of 2

Gain Expert Tips

Day 1 Presentation Skills

Day 2 Practice Your Presenting

Get Full Quote



How Our Training Works

5 simple steps to grow your skills

1

Fast Booking

Choose dates that **best fit** your availability.
If you choose multiple dates, please note,
course dates **do not** need to be back to back.

3

Location

Can be delivered **face to face**
or as a **live virtual classroom**.

5

We Listen

- We listen to your **challenges**.
- Provide relevant **solutions**.

2

Design

Choose a program that is;

- Off-the-shelf
- Tailored
- Fully bespoke

4

After-care

Following your training, we will call
you to provide key **feedback** and
support regarding your next steps.

Frequently Asked Questions

01

Where is training delivered?

Option 1 - **Your Place** - At your workplace.

Option 2 - **Our Place** - Send your team to us in Sheffield.

Option 3 - **Virtually** - Live virtual classroom via Microsoft Teams.

02

How are training **prices** charged?

To ensure your training is **cost effective**, prices are simply charged as a 'day rate', not per delegate rate. This means, you can add up to x8 people per session for a fixed price.

03

Maximum **people** per session?

Face to Face - up to x8 delegates.

Live Virtual Classroom - up to x8 delegates.

04

Can I book **coaching** with my training?

Yes! You may boost your 'recall of knowledge' by up-to 80%.

Option 1 - **Group Coaching** | In-person or virtually.

Option 2 - **One to One Coaching** | In-person or virtually.



Why Choose Us

- ✓ Rated excellent on Trustpilot.
- ✓ 75% of client's re-book training.
- ✓ Expert trainers who are highly engaging.
- ✓ Choose from over 70+ Courses.
- ✓ Face to face or virtual classroom training.

We Can **Also** Deliver

Speed



Power Sessions

Bite-Sized

Quick 2-hour sessions designed to provide short bursts of knowledge.

Email Me Details



360



Programs

Deeper Learning

Powerful 5 day Programs that provide you with a deeper learning experience.

Email Me Details



Unlock



Coaching

Unlock Potential

60 minute 1-2-1 coaching sessions to help you achieve your desired goals.

Email Me Details



Reveal



Psychometrics

Self-Awareness

8 minute online assessments to help you better understand yourself & others.

Email Me Details





We love developing clients of all sizes



Excellent trainer

Donna was a very professional but friendly trainer with excellent interpersonal skills.

The delegates were really inspired by her training and have already put some of the skills into practice. We are delighted with the outcomes of the training and hope to work with Donna again in the future.

CE

Carolyn Eder

Balfour Beatty

Ministry of
JUSTICE

NHS
England



Spire Healthcare

Environment
Agency

Booking.com

LFB
LONDON FIRE BRIGADE

HYDE PARK
RESTAURANT

University of
Sheffield

Stanley Black & Decker

Southern
Water

ROYAL
AIR FORCE

BENIHANA

CareCo

Sheffield
Students' Union

METROPOLITAN
POLICE

KINGS
PALACE
LONDON

Your Next Step

Want to **train your team**? Simply contact our friendly team now.

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📶 [LiveAndLearnConsultancy.co.uk](https://www.LiveAndLearnConsultancy.co.uk)

Email Enquiry ▶

Book Training ▶

